

Senior Services Midland
May 8 · 🌐

One of our best classes is called "A Sweet Life." It is a diabetes self management program that can drastically improve your lifestyle and well being. Our next course starts on Wednesday, May 15. Please click the link for more information or call 633-3700.



[About this website](#)

SENIORSERVICESMIDLAND.ORG
A Sweet Life | Senior Services of Midland County
One of our best classes is called A Sweet Life. It's a diabetes self-...

Senior Services Midland
March 21 · 🌐

Clouds, storms, glaciers, oceans and animals--nature is awesome and inspiring! See and discuss its beauty at our next Tuesdays with TED on March 26th. Click the link below for details and to register online.



[About this website](#)

TED: Awesome, Inspiring Nature | Senior Services of Midland County
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Senior Services Midland
April 10, 2019 · 🌐

In Honor of National Volunteer Week: April 7-13

A Heartfelt Thanks to Our Volunteers



You Make a World of Difference

Senior Services Midland
July 30, 2018 · 🌐

Seasons enjoyed a very special visitor last week! Recreational Therapist, Amy Sheridan took a break from maternity leave to visit with baby Eli. Everyone is still smiling! ❤️



Senior Services Midland
October 31, 2018 · 🌐

Happy Halloween! We had a great time celebrating today at all of our Activity and Dining Centers!



Senior Services Midland
July 20, 2018 · 🌐

On Tuesday, Seasons Adult Day Health Services had some special visitors. Meet Chubby the miniature horse and Twister the donkey! Thank you Nan Spadacene and Sandy for sharing them with us.



Senior Services Midland
August 20 · 🌐

Learn what you need to know about estate planning at our Estate Planning Seminar on Friday, August 23. Not-for-Profit Lakeshore Legal Aid will present information on Wills, Financial and Medical Powers of Attorney and Lady Bird Deeds. Click the link below for details.



[About this website](#)

SENIORSERVICESMIDLAND.ORG
Estate Planning Seminar | Senior Services of Midland County
Not-for-Profit Lakeshore Legal Aid will present information on Wills, Financ...

Senior Services Midland
September 24, 2018 · 🌐

Senior Services had a great group that participated this last Saturday in the Walk to End Alzheimer's. What a wonderful and important cause!



Senior Services Midland
January 10, 2019 · 🌐

There are several great pictures of our awesome Sanford Center participants and Center Director in this terrific article from Catalyst Midland about efforts to address loneliness among older adults. Take a look!
<https://tinyurl.com/yaru52e9>



SECONDWAVEMEDIA.COM
These initiatives are improving Michigan seniors' health by making sure they're not alone